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IDENTIFIERS	Zaner Bloser Method

ABSTRACT

Intended for children in fourth grade, this workbook provides practice in writing correctly all 26 cursive letters, both upper and lower-case, and numerals from 0 to 9. The alphabet used in the workbook is the Zaner-Bloser style of handwriting, the most widely used system in the schools of the United States. The strokes used to make each letter are carefully explained, and models are provided so that as the child practices he or she will be making the letter forms correctly. Review pages provide practice in writing all of the letters previously practiced individually. (SR)

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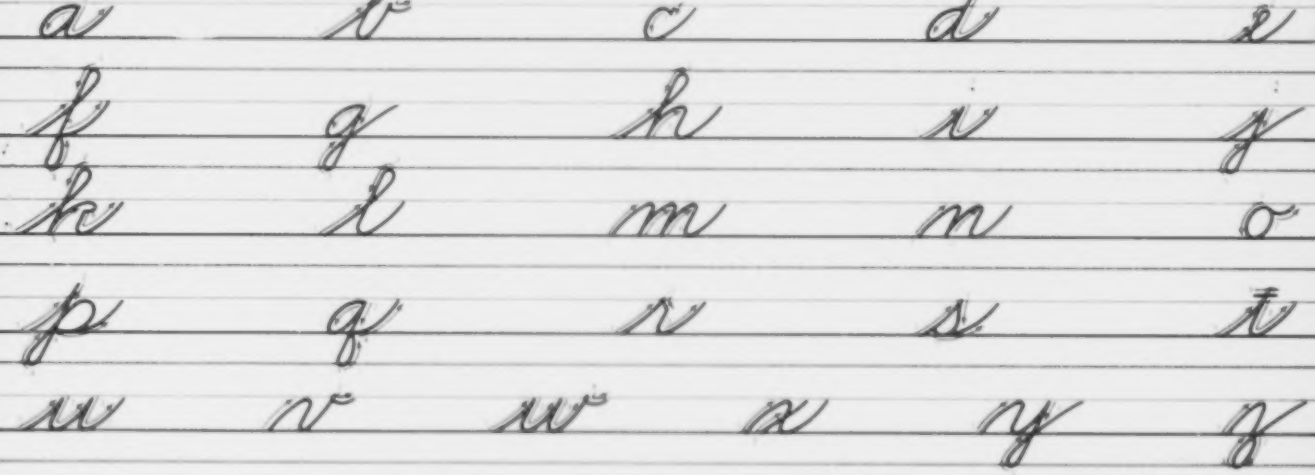
HANDWRITING

Grade 4

Cursive

Practice Book

Lower-case alphabet



Grade 4

Cursive

Practice Book

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0 4

Introduction

This book provides practice in making correctly all twenty-six cursive letters, both upper and lower-case, and numerals from zero through nine. The strokes used to make each letter are carefully explained, and models are provided so that as the child practices he or she will be making the letter forms correctly.

Handwriting is one of the basic skills of learning. Once mastered, writing becomes a tool which allows the child to express ideas, record information, and report to others. The goal of handwriting instruction is to acquire a skill which the child can use in all areas of school work.

The alphabet used in this book is the Zaner-Bloser style of handwriting. It is the most widely used system in the schools of the United States, and is known for its simple, standardized letter forms. Years of research have been given to developing this alphabet.

For each letter an exact description of the strokes is presented, followed by the letter model with descriptive labels of its parts, and a fading model with stroke arrows and numerals. The child writes over a dotted letter model, then writes the letter within a "tolerance" area, and finally practices the letter many times. Solid letter models appear at the beginning and end of every practice line so that the child will always have a model within her or his sight. The letter is then practiced within words and simple sentences. The vocabulary used throughout the book consists of basic sight words and high-interest words selected because they are used in reading and spelling books at this grade.

In order for the child to learn how to

make the letters correctly, practice is necessary. Careful attention to the strokes used in making each letter will help the child to recall how the letter is formed when writing without a model. Additional practice is then needed to overcome the tendency to "draw" the letter. In order to write quickly and well, the child must have learned how to make each individual letter and have had sufficient practice in making the letter correctly.

On the review pages the child writes all of the letters previously practiced individually. By checking the review pages, you will be able to see the child's progress.

Position for writing

The child should sit at a desk or table with the light positioned over the left shoulder (the right shoulder if the child is left-handed). The child should sit up straight but comfortably in the chair, leaning slightly forward, both arms resting on the desk, with elbows off the desk to permit free arm movement.

The pencil or pen is held between the thumb and first two fingers, about an inch above its point. The first finger rests on the top of the pencil or pen. The end of the *bent* thumb is placed against the pencil or pen to hold it high in the hand and near the large knuckle. The top of the pencil or pen points in the direction of the shoulder.

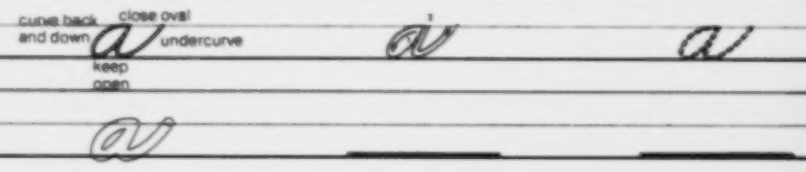
If the child is right-handed, the practice book should be tilted toward the left. The lower edge of the desk and the lower edge of the book should form a 30 degree angle. The strokes are pulled toward the center of the body. The left arm rests on the desk and the left hand holds the book in place and shifts it as the writing progresses across the sheet.

The left-handed child should tilt the practice book toward the right. The lower right corner of the paper should point toward the mid-section or to the right of the mid-section. The strokes are pulled toward the left elbow.

Summary

Practicing how to make correctly each of the letters of the alphabet and the numerals will aid a child in writing better. Good penmanship is a sign of a good pupil. Once mastered, penmanship can then become a tool which the child uses to write creatively. This practice book, using the letter forms most frequently taught in the schools of the United States, teaches the child how to make the letter correctly, provides opportunities to practice making the letter, and then provides situations to write the letter in words which are in the readers and spellers of the child's grade level.

The letter is lower-case a. Begin at the midline, curve back and down, touching the baseline, curve up to the midline, closing the oval, pause, slant almost to the baseline, and undercurve to the midline.



parade parade

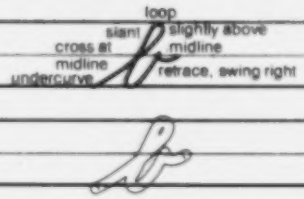
against against

bandana bandana

alphabet alphabet

"Abracadabra" is magic. "Abracadabra" is magic.

The letter is lower-case b. Begin at the baseline, undercurve and form a loop touching the headline, slant almost to the baseline, curve up above the midline, pause, retrace to the midline, and swing right.



bubble

baboon

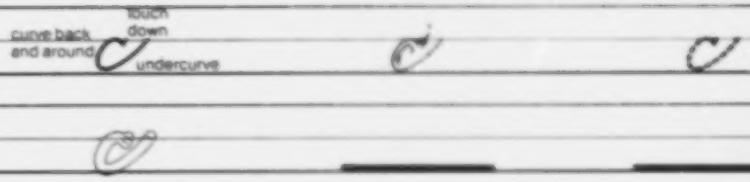
rugby

benefit

A baby bear is a cub.

A baby bear is a cub.

The letter is lower-case c. Begin at the midline, touch down, pause, retrace slightly, curve back and around, touching both the midline and baseline, and end at midline.



circles circles

soccer soccer

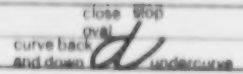
tricycle tricycle

cricket cricket

The circus is coming.

The circus is coming.

The letter is lower-case d. Begin at the midline, curve back and down, touching the baseline, curve up to the midline, closing the oval, slant up halfway between the midline and the headline, pause, retrace with a slant almost to the baseline, and undercurve to the midline.



deduct deduct

dainty dainty

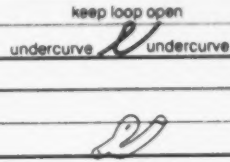
dynamo dynamo

saddle saddle

I admit I did do it.

I admit I did do it.

The letter is lower-case e. Begin at the baseline, undercurve to form a loop touching the midline, slant down almost to the baseline, and undercurve to the midline.



eager

believe

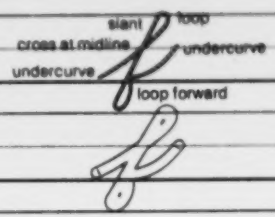
eleven

freeze

Elves eat eggs every evening.

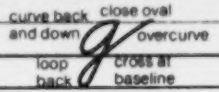
Elves eat eggs every evening.

The letter is lower-case f. Begin at the baseline, undercurve and form a loop touching the headline, slant almost to the descender line, loop forward, tying at the baseline, pause, and undercurve to the midline.



fluffy
fifth
family
far-off
I often follow five giraffes.

The letter is lower-case g. Begin at the midline, curve back and down, touching the baseline, curve up to the midline, closing the oval, pause, slant almost to the descender line, loop back and around, closing at the baseline, and end the overcurve at the midline.



giggle giggle

soggy soggy

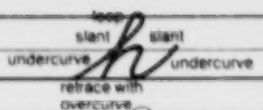
going going

right right

Bring Greg's baggage on stage.

Bring Greg's baggage on stage.

The letter is lower-case h. Begin at the baseline, undercurve and form a loop touching the headline, slant down to the baseline, pause, retrace slightly, overcurve to the midline, slant almost to the baseline, and undercurve to the midline.



h h h

h h h h h

h h h h h

h h h h h

h h h h h

h h h h h

highest highest

through through

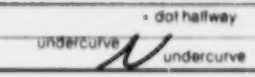
healthy healthy

horse horse

The hyena hollered happily.

The hyena hollered happily.

The letter is lower-case i. Begin at the baseline, undercurve to the midline, pause, retrace slightly and slant almost to the baseline, and undercurve to the midline. Dot halfway between the midline and the headline.



liter liter

icing icing

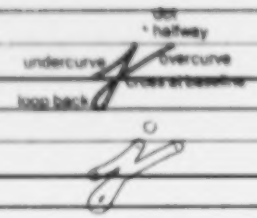
skiing skiing

twig twig

His ceiling leaked icy cold rain.

His ceiling leaked icy cold rain.

The letter is lower-case j. Begin at the baseline, undercurve to the midline, pause, retrace slightly with a slant almost to the descender line, loop back and around, closing at the baseline, and end the overcurve at the midline. Dot about halfway between the midline and the headline.



jewel jewel

jogging jogging

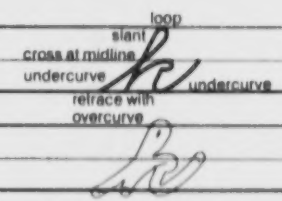
judge judge

pajamas pajamas

Bluejays enjoy jelly beans.

Bluejays enjoy jelly beans.

The letter is lower-case k. Begin at the baseline, undercurve to form a loop touching the headline, slant to the baseline, pause, retrace slightly, overcurve to the midline, slide left, pause, slant almost to the baseline, and undercurve to the midline.



hockey hockey

kicked kicked

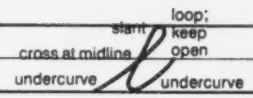
skates skates

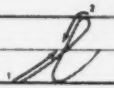
knock knock

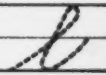
Kirk saw skyrockets!

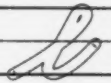
Kirk saw skyrockets!

The letter is lower-case l. Begin at the baseline, undercurve and form a loop touching the headline, slant almost to the baseline, and undercurve to the midline.



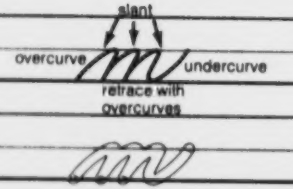






silly
gallop
lively
ladybug
Molly licked her lollipop.

The letter is lower-case m. Begin at the baseline, overcurve to the midline and slant back to the baseline; retrace slightly for a second overcurve and slant to the baseline; retrace slightly for a third overcurve, slant down almost to the baseline, and undercurve to the midline.



mumps mumps

hammer hammer

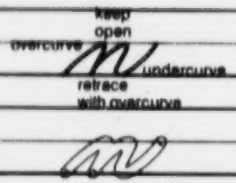
smooth smooth

moment moment

Remember the mummy?

Remember the mummy?

The letter is lower-case n. Begin at the baseline, overcurve to the midline, and slant to the baseline; retrace slightly for a second overcurve and slant to the baseline, and undercurve to the midline.



number

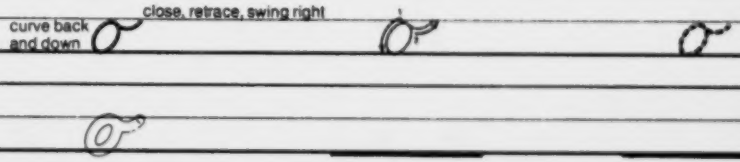
spring

invent

thing

I found ten nice new nickels.

The letter is lower-case o. Begin slightly below the midline, curve back and around, touching the midline and the baseline and closing the oval, pause, retrace slightly, and swing right.



oriole oriole

oddly oddly

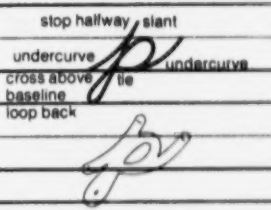
tough tough

money money

Holly cooked your only goose.

Holly cooked your only goose.

The letter is lower-case p. Begin at the baseline, undercurve to halfway between the headline and the midline, pause, slant almost to the descender line, loop back and around and close above the baseline, curve forward and around, touching the midline and the baseline and tying above the baseline, pause, and retrace with an undercurve to the midline.



people

powder

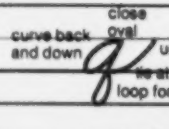
upmost

pirate

The hippopotamus is grumpy.

The hippopotamus is grumpy.

The letter is lower-case q. Begin at the midline, curve back and down, touching the baseline, curve up to the midline, pause, slant almost to the descender line, loop forward and tie at the baseline, pause, and undercurve to the midline.



quails quails

equal equal

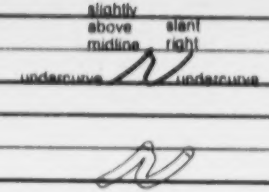
quick quick

quote quote

How many sides are in a square?

How many sides are in a square?

The letter is lower-case r. Begin at the baseline, undercurve to slightly above the midline, pause, retrace down to the midline, pause, slant right, briefly pause, slant left almost to the baseline, and undercurve to the midline.



florist florist

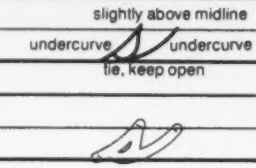
railroad railroad

nervous nervous

cherry cherry

Try to reserve room in the car. Try to reserve room in the car.

The letter is lower-case s. Begin at the baseline, undercurve to slightly above the midline, pause, retrace down to the midline, curve around and tie near the baseline, pause, retrace with an undercurve to midline.



spirit spirit

scurry scurry

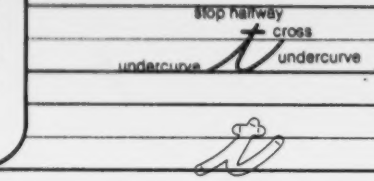
sudsy sudsy

seasons seasons

Please design space stations.

Please design space stations.

The letter is lower-case t. Begin at the baseline, undercurve to halfway between the midline and the headline, pause, retrace part way and slant almost to the baseline, and undercurve to midline. Cross above midline.



bathtub bathtub

tattoo tattoo

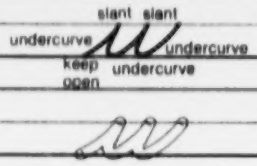
typist typist

neatness neatness

He tasted two types of tomatoes.

He tasted two types of tomatoes.

The letter is lower-case u. Begin at the baseline, undercurve to the midline, pause, retrace slightly with a slant almost to the baseline, undercurve to the midline, pause, retrace slightly with a slant line almost to the baseline, and undercurve to midline.



unused unused

dugout dugout

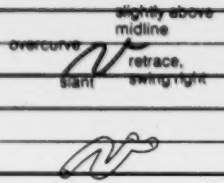
luxury luxury

cucumber cucumber

The thunder is awfully loud!

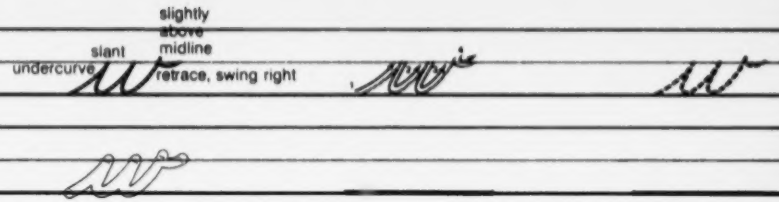
The thunder is awfully loud!

The letter is lower-case v. Begin at the baseline with an overcurve to the midline, slant almost to the baseline, undercurve to above the midline, pause, retrace to the midline, and swing right.



involve
velvet
elevator
navy
The ivory vase is very heavy.

The letter is lower-case w. Begin at the baseline, undercurve to the midline, pause, retrace slightly with a slant almost to the baseline, undercurve to the midline, pause, retrace slightly with a slant almost to the baseline, undercurve to slightly above the midline, pause, retrace to the midline, and swing right.



owner owner

wigwam wigwam

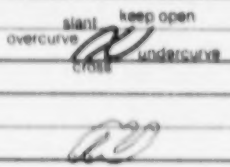
awkward awkward

dawn dawn

A weird witch watched it.

A weird witch watched it.

The letter is lower-case x. Begin at the baseline with an overcurve to the midline, slant almost to the baseline, undercurve to the midline. Cross with an upstroke slanting right from the baseline to the midline.



boxer

oxygen

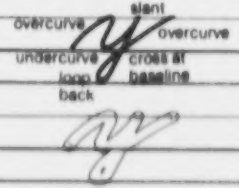
except

extra

I fixed the axles on six boxcars.

I fixed the axles on six boxcars.

The letter is lower-case y. Begin at the baseline with an overcurve to the midline, slant almost to the baseline, undercurve to the midline, pause, retrace slightly with a slant almost to the descender line, loop back and around, closing at the baseline, and end the overcurve at the midline.



yolk yolk

mystery mystery

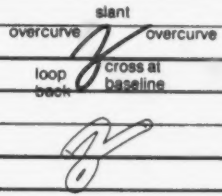
yearly yearly

gym gym

Lynn is buying oysters for us.

Lynn is buying oysters for us.

The letter is lower-case z. Begin at the baseline with an overcurve to the midline, slant to the baseline, pause, retrace slightly, curve right to the descender line, loop back and around, closing at the baseline, and end the overcurve at the midline.



size size

zone zone

pizza pizza

fuzzy fuzzy

I zigzagged into a crazy maze.

I zigzagged into a crazy maze.

Write the words in the space provided.

Annapolis

Boise Cheyenne

Des Moines Edmonton

Frankfort

Hartford

Indianapolis Juneau

Kansas City Lansing

Montgomery

Nashville Olympia

Phoenix Raleigh

Santa Fe Tallahassee

Victoria Winnipeg

Ypsilanti

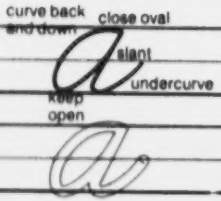
New Orleans Concord

Augusta Columbus

San Juan Bismark

Providence

The letter is upper-case A. Begin at the headline, curve back and down, touching the baseline, curve up to the headline, closing the oval, pause, slant down almost to the baseline, and undercurve to the midline.



Alison Alison

Aaron Aaron

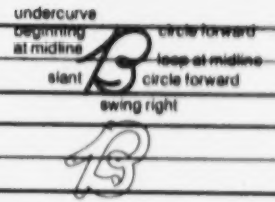
Aztec Aztec

Alaska Alaska

Ada saw the Amazon in April.

Ada saw the Amazon in April.

The letter is upper-case B. Begin at the midline, undercurve to the headline, pause, slant left to the baseline, pause, retrace, circle forward, loop at the midline, circle forward, touching the baseline and the slant line, pause, and swing right.



Belgium

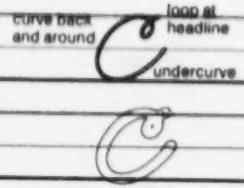
Balboa

Bach

Bolivia

Byron and Beth saw Big Ben.

The letter is upper-case C. Begin at the headline with a slanted vertical loop, curve back and around, touching both the headline and the baseline, and end at the midline.



Cuba Cuba

Cynthia Cynthia

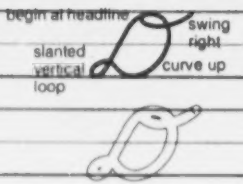
Canada Canada

Colorado Colorado

Christopher lives on Cape Cod.

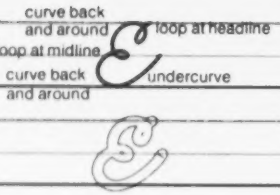
Christopher lives on Cape Cod.

The letter is upper-case D. Begin at the headline, pull a slightly curved slant line to the baseline, curve left to form a slanted vertical loop, curve down to the baseline, curve up to the beginning of the letter, loop, and swing right.



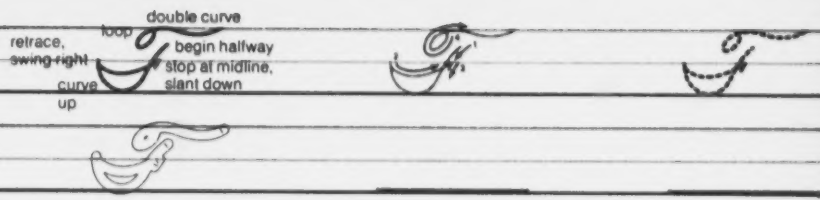
Douglas
Denmark
Delaware
Dinah
Del went to Denver and Dallas.

The letter is upper-case E. Begin at the headline with a slanted vertical loop, curve back and around for a slanted horizontal loop at the midline, curve back and around, touching the baseline, end at the midline.



Europe Europe
Emily Emily
Edward Edward
Egypt Egypt
Eton and Exeter are in England.
Eton and Exeter are in England.

The letter is upper-case F. Begin halfway between the headline and the midline, forming a slanted double curve to the baseline, curve up to the midline, pause, retrace, swing right, crossing the downstroke, pause, and pull down with a short slant line. Finish with a slanted vertical loop and horizontal double curve at headline.



Franklin Franklin

Frances Frances

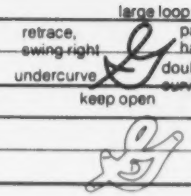
Florida Florida

Finland Finland

Formosa is part of the Far East.

Formosa is part of the Far East.

The letter is upper-case G. Begin at the baseline, undercurve to the headline, loop around, closing at the midline, curve up halfway between the midline and the headline, pause, retrace, make a slanted double curve to the baseline, curve around and up to midline, pause, retrace, swing right.



Greg

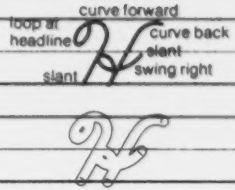
Georgia

Germany

Gladys

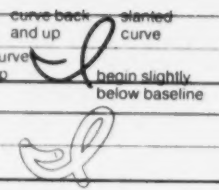
Golden Gate Bridge is great!

The letter is upper-case H. Begin at the headline with a slanted vertical loop, curve forward slightly, and slant left to the baseline. Begin at the headline, curve back slightly, and slant to the baseline, pause, retrace slightly, make a slanted horizontal loop touching both downstrokes, and swing right.



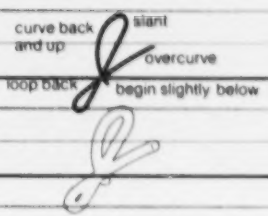
Honolulu
Hawaii
Hungary
Howard
Happy Halloween, Helen!

The letter is upper-case I. Begin slightly below the baseline, curve back slightly, up and around, touching the headline, slant down with a curve to the baseline, curve up to the midline, pause, retrace slightly, and swing right.



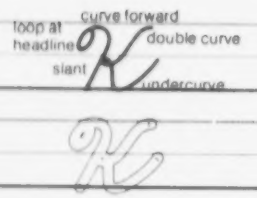
Illinois
Ireland
Iceland
Ivanhoe
Indianapolis is in Indiana.

The letter is upper-case J. Begin slightly below the baseline, curve back slightly, up and around, touching the headline, slant almost to the descender line, loop back and around, crossing the other strokes at the baseline, and end the overcurve at the midline.



James
Jennifer
Jupiter
January
Jo and Jill like July in Juneau.

The letter is upper-case K. Begin at the headline with a slanted vertical loop, curve forward slightly and slant left to the baseline. Begin at the headline, make a double curve and a slanted horizontal loop, touching the downstroke at the midline, curve right to the baseline, and undercurve to the midline.



Kansas Kansas

Kenya Kenya

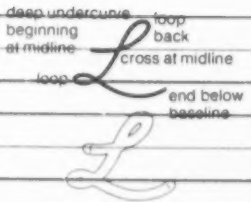
Korea Korea

Karen Karen

Knock on Kevin's door, Kurt.

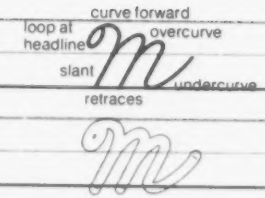
Knock on Kevin's door, Kurt.

The letter is upper-case L. Begin at the midline with a deep undercurve to the headline, loop back and around, closing at the midline, curve down to the baseline, make a horizontal loop, curve down and up, and end below the baseline.



Laura
Lloyd
Lydia
Lincoln
"Let's go to London," said Lisa.

The letter is upper-case M. Begin at the headline with a slanted vertical loop, curve forward and slant to the baseline, pause, retrace, overcurve and slant to the baseline, retrace, overcurve slightly lower than the first time, slant almost to the baseline, and undercurve, ending at the midline.



Michael

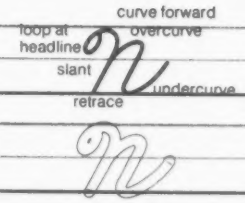
Myrna

Montana

Moscow

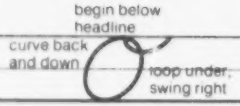
Mae climbed Mount McKinley.

The letter is upper-case N. Begin at the headline with a slanted vertical loop, curve forward slightly and slant left to the baseline, pause, retrace to the midline, overcurve and slant almost to the baseline, and undercurve, ending at the midline.



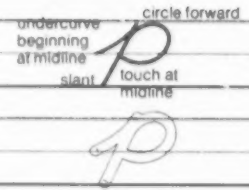
Nelson
North
Nylon
Nevada
Next November we visit Nan.

The letter is upper-case O. Begin slightly below the headline, curve back and around, touching the headline and the baseline and closing the oval; loop under and swing right.



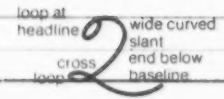
Oliver
October
Omaha
Ontario
Otto Otter is in the Olympics.

The letter is upper-case P. Begin at the midline, undercurve to the headline, pause, slant to the baseline, pause, retrace, curve forward, and around, touching the headline, and meet the slant stroke at the midline.



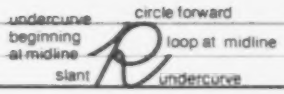
Philip
Pacific
Peggy
Pamela
Pilgrims landed at Plymouth.

The letter is upper-case Q. Begin at the headline with a slanted vertical loop, curve forward and slant left almost to the baseline, make a horizontal loop at the baseline, curve down and up, and end below the baseline.



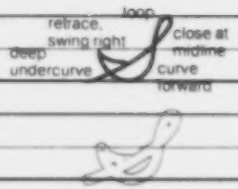
Quebec
Quaker
Quince
Queen
Quiet! Quincey is sleeping.

The letter is upper-case R. Begin at the midline, undercurve to the headline, pause, slant left to the baseline, pause, retrace, circle forward, touching the headline and meeting the slant stroke with a slanted horizontal loop at the midline, curve down to the baseline, and undercurve, ending at the midline.



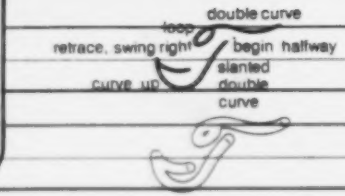
Regina
Rachel
Ryder
Robert
Ride the Reading Railroad. Rita.

The letter is upper-case S. Begin at the baseline, undercurve to the headline, loop around and close at the midline, curve forward, then back, touching the baseline and ending at the midline, pause, retrace slightly, and swing right.



Spain
Sandra
Syria
Steven
Sal's Service Station is open.

The letter is upper-case T. Begin halfway between the headline and the midline, forming a slanted double curve to the baseline, curve up to midline, pause, retrace, and swing right. Finish with a slanted vertical loop and horizontal double curve at the headline.



Teresa

Toronto

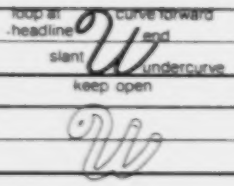
Tyler

Texas

Mark Twain wrote Tom Sawyer.

Mark Twain wrote Tom Sawyer.

The letter is upper-case U. Begin at the headline with a slanted vertical loop, curve forward slightly and slant left almost to the baseline, undercurve and slant up to about halfway between midline and headline, pause, retrace with a slant almost to baseline, and undercurve to the midline.



Utica Utica

Ulysses Ulysses

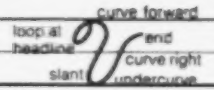
Uncle Uncle

Utah Utah

The U.S. is the home of the U.N.

The U.S. is the home of the U.N.

The letter is upper-case V. Begin at the headline with a slanted vertical loop, curve forward slightly and slant left, almost to the baseline, undercurve, slant up and curve right, ending halfway between the midline and the headline.



Venus Venus

Valerie Valerie

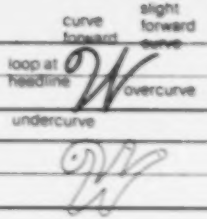
Vyborg Vyborg

Vermont Vermont

Mount Vernon is in Virginia.

Mount Vernon is in Virginia

The letter is upper-case W. Begin at the headline with a slanted vertical loop, curve forward slightly and slant to the baseline, pause, retrace slightly and undercurve to the headline, pause, retrace, pull down to the baseline with a slight forward curve, pause, retrace slightly, and overcurve, ending halfway between the midline and the headline.



Wilma Wilma

Walter Walter

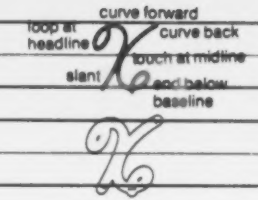
Wyeth Wyeth

Wright Wright

Willie left Wyoming Wednesday.

Willie left Wyoming Wednesday

The letter is upper-case X. Begin at the headline with a slanted vertical loop, curve forward slightly and slant left to the baseline. Begin at the headline, curve back, down, and around, touching the first stroke and the baseline, and end with a slanted vertical loop on the baseline.



Xenia

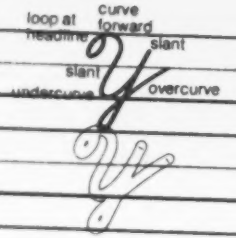
Xavier

Xeres

Xerox

Mr. X had a chest X-ray.

The letter is upper-case Y. Begin at the headline with a slanted vertical loop, curve forward, slant to baseline, undercurve to halfway between midline and headline, pause, retrace with a slant to descender line, loop back and around, closing at baseline, and end overcurve at the midline.



Yucatan Yucatan

Yoruba Yoruba

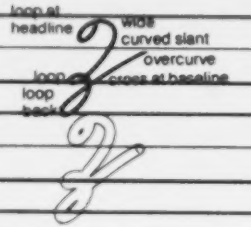
Yucca Yucca

Yonkers Yonkers

Yes. Yancey cheers the Yankees.

Yes. Yancey cheers the Yankees.

The letter is upper-case Z. Begin at the headline with a slanted vertical loop, curve forward and pull a curved slant to baseline, make a slanted horizontal loop on baseline, curve forward and down to descender line, loop back, cross at the baseline, end overcurve at midline.



Zeus
Zeke
Zachary
Zuni
I visited Zurich and Zululand.

Argentina Brazil China

Denmark Egypt France

Germany Haiti Israel

Japan Korea

Libya Mexico Norway

Oceania Peru

Qatar Russia Sudan

Thailand

Uruguay

Venezuela

Wales

Yugoslavia

New Zealand

United States

Canada

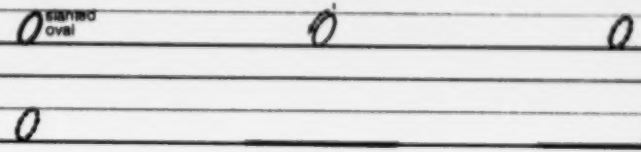
Washington Paris

Ottawa London

Amsterdam Moscow

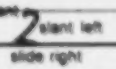
Stockholm

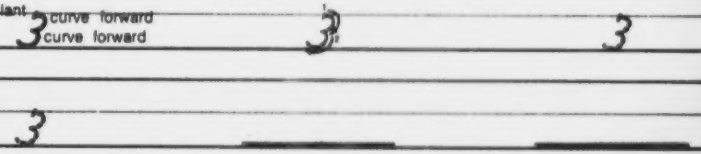
The numeral is O. Make a slanted oval, touching the midline and baseline.

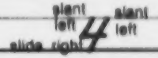


The numeral is 1. Begin at the midline, slant left to the baseline.

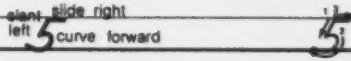
The numeral is 2. Begin at the midline, make a short slant left, curve forward, slant left to the baseline and end with a slightly arched slide right.



The numeral is 3. Begin at the midline, make a short slant left, curve forward and around, curve forward and around, touching the baseline and up slightly.

The numeral is 4. Begin at the midline, slant left, slide right. Begin at the midline, slant left to the baseline crossing the horizontal stroke.

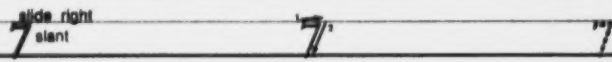


The numeral is 5. Begin at the midline, slant left, curve forward and around touching the baseline and up slightly. Touch the beginning of the first stroke and make a short slide right on the midline.

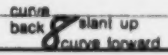


The numeral is 6. Begin at the midline, curve back slightly, down, and around forward touching the baseline, ending with a small slant oval.

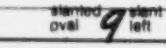
The numeral is 7. Begin at the midline, make a short slant left, retrace slightly and slide right on the midline, slant left to the baseline.



The numeral is 8. Begin slightly below the midline, curve back (left) and around, forward (right) down around touching the baseline and up; slant (right) crossing the curve stroke, touching the beginning stroke, and ending at the midline.



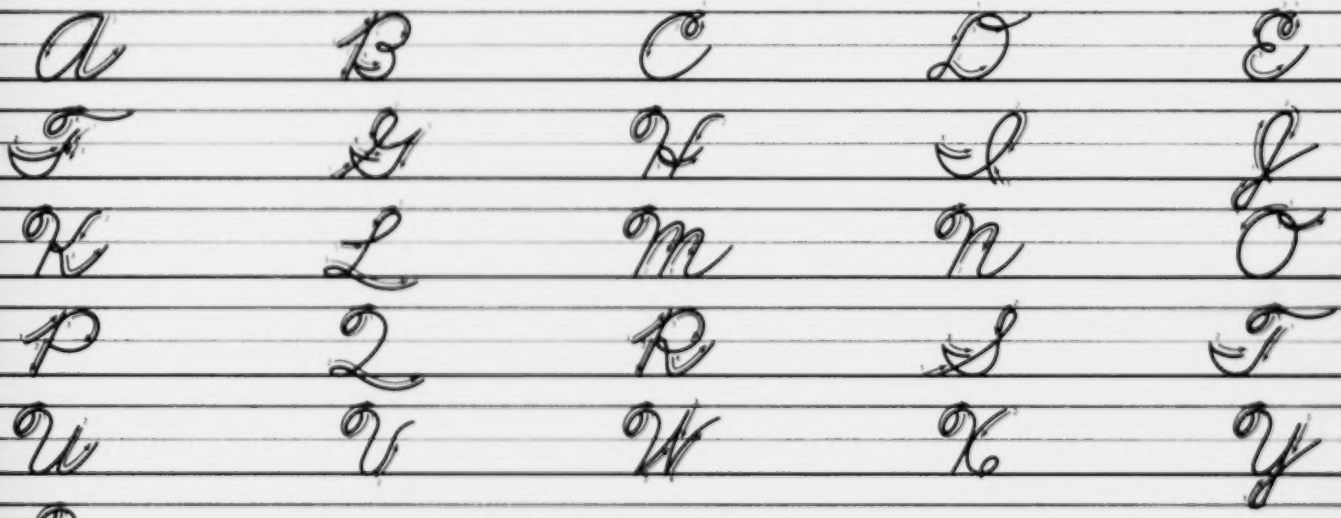
The numeral is 9. Begin at the midline, make a small slanted oval filling about one-quarter of the space, slant left to the baseline.



Write the numerals 1 through 60.

Write your name and address here.

Upper-case alphabet



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